

Tuesday 8 July 2025

Tuesday of week 14 in Ordinary Time

Morning Prayer (Lauds)

Lord, open our lips.

And we shall praise your name.

Invitatory	Psalm
Psalm	66 (67)

A mighty God is the Lord: come, let us adore him.

(repeat antiphon)*

O God, take pity on us and bless us,
and let your face shine upon us,
so that your ways may be known across the world,
and all nations learn of your salvation.

(repeat antiphon)*

Let the peoples praise you, O God,
let all the peoples praise you.
Let the nations be glad and rejoice,
for you judge the peoples with fairness
and you guide the nations of the earth.

(repeat antiphon)*

Let the peoples praise you, O God,

let all the peoples praise you.

The earth has produced its harvest:

may God, our God, bless us.

May God bless us,

may the whole world revere him.

(repeat antiphon)*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen.

(repeat antiphon)*

Hymn	
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Father, we praise you, now the night is over,

Active and watchful, stand we all before you;

Singing we offer prayer and meditation:

Thus we adore you.

Monarch of all things, fit us for your mansions;

Banish our weakness, health and wholeness sending;

Bring us to heaven, where your saints united

Joy without ending.

All-holy Father, Son and Equal Spirit,

Trinity blessed, send us your salvation;

Yours is the glory, gleaming and resounding

Through all creation.

Psalm 42 (43) Longing for the temple

Lord, send forth your light and your truth.

Vindicate me, Lord:

judge my case against an unholy nation,

rescue me from betrayers, from the wicked.

For you are the God of my refuge;

why have you rejected me?

why must I suffer while my enemies torment me?

Send forth your light and your truth;

let them lead me away,

let them lead me up your holy mountain,

up to your sanctuary.

I shall go in to the altar of God,

to the God of my gladness and joy.

I will sing out to you on the lyre,

O God, my God.

Why are you so sad, my soul,

and anxious within me?

Put your hope in the Lord, I will praise him still,

my saviour and my God.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen.

Lord, send forth your light and your truth.

How to listen

Psalm Translation

- To see the official Grail psalms, get the Universalis app from Google

Play or from the Amazon Appstore.

Canticl e	Isaiah 38
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The psalm of Hezekiah on recovering from sickness

Lord, come to our help all the days of our life.

I said, in the middle of my days

I am going to the gates of the underworld.

Where shall I find the remainder of my years?

I said, I will not see the Lord God in the land of the living,

I will never see another of the inhabitants of the earth.

My dwelling-place is taken away, taken far away from me,

like the tent of a shepherd.

Like a weaver, he has rolled up my life

and cut it off from the loom.

From morning to night,

you have made an end of me.

I cried for help till daybreak;

like a lion, he has crushed all my bones.

From morning to night,

you have made an end of me.

I twitter like a fledgling sparrow,

make noises like a dove.

My eyes are weak

from looking upward.

But you have pulled my soul out of the pit of destruction,

you have put all my sins behind you.

For after all, the underworld will not proclaim you,

nor death praise you;

those who go down there

do not wait in hope for your faithfulness.

It is the living, the living who will proclaim you,
as I do today.

Fathers will pass on to their children
the truth of your faithfulness.

Save me, Lord,
and to the sound of the harp we will sing to you,
all the days of our life,
in the house of the Lord.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Lord, come to our help all the days of our life.

Psalm 64 (65) A solemn thanksgiving

To you our praise is due in Sion, O God. †

To you we owe praise, O God, in Zion;
to you we will fulfil our vows, in Jerusalem.

It is you who answer prayers:
to you must all men come,

because we are sinners;
even if our transgressions overwhelm us,
you will blot them out.

Blessed is the man you have taken up and chosen:
he will live within your halls.

We shall be filled with the good things of your house,
with the holiness of your temple.

Marvellous is the justice with which you listen to us,
God of our salvation,
hope of all the earth and far-off coasts.

You make firm the mountains in their place,
clothed in your power and might.

You make still the roaring of the sea,
the crash of its waves; and the tumult of the peoples.

Those who live at the ends of the earth
will tremble at your wonders.

You will fill the east and the west with joy.

You have come to the earth, you have filled it,
saturated it with fruitfulness.

The river of God is filled with water,
as you prepare the harvest:
for thus you have prepared the land,

watering its furrows,
smoothing its roughnesses,
softening it with showers,
blessing the seeds within it.

You have crowned the year with your kindness.

Your footsteps will drip with fruitfulness.

The desert pastures will be soaked,
the hills will be wrapped in rejoicing.

The fields will be clothed with flocks,
the vales overflow with corn.

They will cry out, and sing your praise.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen.

To you our praise is due in Sion, O God.

Scripture Reading
1 Thessalonians 5:4-5

It is not as if you live in the dark, my brothers, for that Day to overtake you like a thief. No, you are all sons of light and sons of the day: we do not belong to the night or to darkness.

Short Respo nsory	
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Hear my cry, Lord, for I hope in your word.

–Hear my cry, Lord, for I hope in your word.

I rise before dawn and call for help.

–Hear my cry, Lord, for I hope in your word.

Glory be to the Father and to the Son and to the Holy Spirit.

–Hear my cry, Lord, for I hope in your word.

Canticl e	Benedi ctus
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The Messiah and his forerunner

Lord, save us from the hands of all who hate us.

Blessed be the Lord, the God of Israel,
for he has come to his people and brought about their redemption.
He has raised up the sign of salvation
in the house of his servant David,
as he promised through the mouth of the holy ones,
his prophets through the ages:
to rescue us from our enemies
and all who hate us,

to take pity on our fathers,
to remember his holy covenant
and the oath he swore to Abraham our father,
that he would give himself to us,
that we could serve him without fear
— freed from the hands of our enemies —
in uprightness and holiness before him,
for all of our days.

And you, child, will be called the prophet of the Most High:
for you will go before the face of the Lord to prepare his path,
to let his people know their salvation,
so that their sins may be forgiven.

Through the bottomless mercy of our God,
one born on high will visit us
to give light to those who walk in darkness,
who live in the shadow of death;
to lead our feet in the path of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Lord, save us from the hands of all who hate us.

Prayer s and interce ssions	
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Let us bless our Saviour, who by his rising to new life has freed the world from fear.

–Lord, lead us to the truth.

Lord Jesus, as this day begins we remember that you are risen,
and therefore we look to the future with confidence.

–Lord, lead us to the truth.

We offer you our prayer this morning,
take to yourself our cares, our hopes, and our needs.

–Lord, lead us to the truth.

Deepen in us our love for you today,
so that in all things we may find our good, and the good of others.

–Lord, lead us to the truth.

Lord Jesus, we pray that through our own troubles, we may learn to feel
the sufferings of others;
help us to show them your compassion.

–Lord, lead us to the truth.

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

True Light of the world, Lord Jesus Christ,

as you enlighten all men for their salvation,

give us grace, we pray,

to herald your coming

by preparing the ways of justice and of peace.

Who live and reign with God the Father

in the unity of the Holy Spirit,

God, forever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.